



Hindu Temple and Cultural Society of USA, Inc.
**SRI VENKATESWARA TEMPLE (BALAJI MANDIR)
AND COMMUNITY CENTER**



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Vishnu Sahasranama Parayanam for Loka Kshemam

The Vishnu Sahasranamam (thousand names of Vishnu) is considered to be the highest form of prayer and dharma in this Kaliyuga that can deliver you from Samsara. The mere mention of Lord Vishnu can get rid of all our ailments. There is great power and healing conveyed to those who remember the Lord's name with faith and devotion. Such is the strength conveyed in the shloka below which is found in the concluding verse of the Vishnu Sahasranamam.

We will be chanting together online for the peace and welfare of the community during these challenging times. Each week, we will chant:

prātaḥ smaranam
śrīviṣṇusahasranāmastotram,
āpaduddhāarakastotram,
śrī lakṣmyaṣṭottaraśatanāmastotram,
guruvātapurīśapañcaratnaṃ

When: Sundays

Time: 9:00 am – 9:50 am ET

Where: Zoom call

**<https://zoom.us/j/91871788492?pwd=S1p3M3N1c2FCc1BFdFdqRXVUWDFSUT09>
(Meeting ID: 918 7178 8492 Passcode: 897402)**

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आर्ताः विषण्णाः शिथिलाश्च भीताः घोरेषु च व्याधिषु वर्तमानाः ।
सङ्कीर्त्य नारायणशब्दमात्रं विमुक्तदुःखाः सुखिनो भवन्तु ॥

ārtāḥ viṣaṅṅāḥ śithilāśca bhītāḥ ghoreṣu ca vyādhiṣu vartamānāḥ |
saṅkīrtya nārāyaṇaśabdamaṭraṃ vimuktaduḥkhāḥ sukhino bhavantu ||

Those who are distressed, despondent, weak, fearful, and suffering from dreadful diseases shall be released of their misery and sorrow and shall live happily just by praising Lord Narayana.

